

Becoming an Intentional Creator

Success does not just happen. Happiness does not just happen.

Both are intentionally created!

An Intentional Creator is defined by six qualities – they have mastered the art of connecting with people; they set realistic goals and achievable expectations; they complete tasks; they embrace discipline and structure; they find joy in their journey; and lastly, they have a healthy self-esteem.

These six qualities are focused on creation in the two dimensions of reality – mental and physical. An Intentional Creator is either fully present in their mind actively seeking inspiration, instruction, guidance, stillness and peace or they are fully present in the “here and now” focused on connecting with people and passionately completing tasks.

Intentional Creators have learned, often through painful life experiences, the greatest secret of success in all ventures. They are not alone in the creation process. As they focus on bringing abundance and joy to the lives of others, they experience a bond, a congruence with the power that governs abundance. This very real power becomes their active partner and speeds up the process of creation.

When fully present in their mind, their partner manifests ideas, gives them impressions and provides answers to challenging questions. They feel connected, trusted and valued.

When fully present in the here and now and engaged in passion-driven action, their partner opens doors of opportunity, endows them with more ability and places people on their path that they can serve and who will serve them. They are abundant and feel joy, fulfillment and wholeness.

They know that in the absence of this discipline, the natural tendency is to wander off into a dark and deadly place in the mind that numbs our consciousness, a place we will call the void.

Here we can waste precious hours fantasizing about “when” and “then” scenarios in an attempt to escape and avoid tangible reality. Here we can obsessively rehearse worse-case scenarios and torment ourselves over events that may never come to pass. It is here that we create unrealistic expectations about people and events for which we have little or no control. It is here that we create unrealistic expectations for self-acceptance. It is here that we are drawn away of our own lusts and secret salacious desires.

Intentional Creators spend little or no time in the void. When fully present and aware, they intentionally and tenaciously avoid this place as the plague it is. When tempted to pay a visit they consciously say to themselves, “Not going there today. Instead I will focus on creation. What can I create? How can I create it? How will this serve?” They consciously protect the sacred space of consciousness, the conduit between them and their trusted partner. They have learned by sad

experience that when they wander into this dark void, it directly impacts connection and creation. Relationships are destroyed; important tasks are left uncompleted; needed energy is depleted.

Intentional Creators discipline their minds to engage in five distinct and constructive mental creation processes. One, they engage in mental rehearsal in which they vividly visualize what they want to create in tangible reality. Their desire is to serve others and they are seeking direction and guidance. Two, they plan and set goals identifying all of the “Next Steps” required to create their dreams in tangible reality. Three, they vividly explore new ideas and creative concepts that will help facilitate their goals before making any tangible commitments. Four, they identify problems that can impede their goals and seek solutions. And five, they seek inspiration regarding who they can serve and how best to serve.

When fully present and conscious, their trusted partner provides a clear creator’s vision in the form of ideas, impressions, and solutions to problems, direction and guidance. This vision acts like a divine spark that ignites their passion, a willingness to suffer for something they love. They bring this passion into the here and now and it drives their focus, discipline, effort and action in the tangible creation of their dreams.

The here and now is their home base. They invest their time here tenaciously focused on creating the next millimeter of their dreams starting from where they really are. They do not live in a “when” and “then” fantasy. They focus on creating the “when.” They experience joy

at the end of each journey regardless of the length. They have taken their foot off the brake of fear and self-doubt and are fully engaged in life, focused on creating value in their life and the lives of others.

Intentional Creators know that success does not just happen. Happiness does not just happen. They understand that both are intentionally created. They also know that when they enroll their partner in the creation process by living congruent with the laws that govern abundance, the process is sped up significantly. As a result, they know another great secret of success. Obedience to these rules is not restrictive but is in fact an invitation to the very freedom they seek.

The two hallmarks of an Intentional Creator are peace of mind and passion-driven action.

Have you been spending valuable time visiting or even drowning in the void? What would be different in your life if you learned how to engage in the five constructive mental creation processes? What would it be like if you could redirect your mind to focus on these processes when tempted to wander into this void? What would be different if you lived in the here and now focused on creating the millimeters of life versus fantasizing about what it will be like when? How joyful would your life be if you had passion driving your every action? What might your life be like if it were dedicated to bringing joy to the lives of others? What would be different if you took your foot off the break of fear and self-doubt and made the conscious decision to become an Intentional Creator?

I am so excited to share with you the Six Qualities of an Intentional Creator. These principles were learned and indelibly printed on my heart while in the furnace of adversity. May they serve you well.

If you are ready, we are about to discover the greatest Quality of an Intentional Creator and the greatest secret of success in all ventures.