

Quality #2: Goals and Expectations

Exploration

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Intentional Creation

OG MANDINO FOR THE 21ST CENTURY

Exploration

Have you ever remodeled a room, written an ad or composed an important email?

Each can be accomplished in the mind without ever lifting a hammer, spending a dime or pressing send (in fact too many emails we write are eligible for the delete button). The systemic mind is a fertile playground to explore ideas. When disciplined, the systemic mind can act much like an Etch-e-Sketch in which we create, erase, create, erase, create, erase, “trying on” a myriad of ideas and wide variety of scenarios, and all without making a single tangible commitment. Once our vision starts to take shape it will ignite our passion and drive our actions.

We can explore and “try on” things we want before we are ready to execute. However, we should do this only with the clear and conscious understanding that we are assessing appropriateness and exploring the level of passion and sacrifice needed to create this thing in our tangible reality.

At this stage of exploration we will want to ask proactive questions. Select an outstanding project or task. The more important this project or task is the better. Consciously invite the power that governs abundance to participate. Mentally rehearse what you would like to create and consider the following questions:

Is this practical?

What will it take to make this happen - what sacrifices will be required?

Why do I want this in my life?

Is this noble?

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Is it worth investing my life to get?

Will this serve both me and others?

Is this an attempt to escape from the rigors of life or will this assist me in engaging, embracing, connecting, creating value, and contributing?

Am I looking to this as a means of validating my worth and feeling better about myself?

You will know if this is an escape and avoid fantasy or true exploration if the process begins to create a vision that ignites passion – a willingness to suffer for it - a willingness to roll up your sleeves and begin the tangible work of creation. If this is not happening, it is either something you should avoid or you may be in the dark void of fantasy and need to hunker down for the inevitable tsunami of negative emotions that are now on the horizon.

Exploring possibilities can yield time and money saving ideas. It can create ideas that will soften anger. It can create ideas that foster ownership on the part of many and inspire active participation. And you don't need to make a tangible commitment until you are confident in the idea. It's like participating in a brainstorm and your partner is the Power that governs abundance.