

Quality #2: Goals and Expectations

Inspiration

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- **Download PDF of Practicum**
- **Listen to or read Scroll VI three times a day**

Intentional Creation

OG MANDINO FOR THE 21ST CENTURY

Inspiration

When we mentally rehearse, directed by the Power that governs abundance, our partner will actively participate by manifesting revelatory insights, direction, or guidance. If we can keep this sacred space of our mind clean from fantasy, imagined catastrophe, and counterfeit pleasure, and learn to trust these revelatory insights, we will have some amazing experiences serving others. We will taste the sweetness of real joy that can fill the void in our soul.

If there is anyone I can serve, put them on my path and I will serve them.

Focus on the words, “I can serve.”

In what ways are you uniquely prepared to serve others?

Throughout the day we seek for inspiration. If a name sticks in our mind, we call. If we see someone and are impressed to serve, we do. Each time we take action and the veracity of the inspiration is validated, our trust in the Power that governs abundance grows. Every time we listen and take action that Power has increasing trust that we will act when inspired. You can learn to trust and become trusted. We know and are known.

It is empowering and wonderful to know that we can all be trusted to be the hands for this Power in bringing abundance to the lives of others. It is also encouraging to know that this Power knows who needs what and can inspire us to know if we are willing to focus on the needs of others.

Think about this approach to a day versus wasting the same valuable time obsessively tormenting ourselves over events that may never come to pass. One ignites passion that will drive action and create joy and the other only fosters fear, frustration and anger.

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Commit for one month that each morning when you awake you will consciously ask, "If there is anyone I can serve, put them on my path and I will serve them." When you are tempted to fantasize or catastrophe or engage in counterfeit pleasure, say, "Not going there today!" Focus on others and see if you are not inspired to call or visit someone. Act on your inspiration with courage. Each time you receive confirmation that the inspiration was accurate, smile, express thanks and record it in your journal. At the end of the month read your entries. Ask, "In what way is my life richer because of these experiences?"

Abundance is not something we win. Abundance is not something we seek to receive. Abundance is a sacred process in which we actively participate and eventually become.