

Quality #2 Goals and Expectations

An Intentional Creator is fully present and engaged in creation whether present in the now or present in their mind, whether at work, play or rest.

An Intentional Creator sets realistic goals and achievable expectations. They know where they are going and why. Driven by excellence, they are self-directed and act on their own moral authority, doing the next right thing for the right reason. They keep their mind clear and clean and avoid with furry the darkness of the void where fantasy, catastrophe and counterfeit pleasure reign. In doing so, they keep the conduit open between them and the power that governs abundance – their partner. They know that if they should go into the void, it will rob them of the very energy, connection and time needed to create their dreams in tangible reality.

An Intentional Creator hungers for knowledge and its honorable application. They seek for ability equal to awaiting opportunity. They proactively invite their partner to manifest ideas, inspiration, impressions, insights and solutions to problems. Their clear vision ignites passion, a willingness to suffer for something they love. They excitedly bring this passion into the Now.

In tangible reality, passion drives their focus, discipline, effort and action. The existence of passion-driven action is the hallmark of an Intentional Creator, the litmus test that indicates and validates that they use their mind constructively.

We live in a time of the new age millionaire magic doctrine. At the center of this doctrine is a belief that creation is more about vivid

visualization than discipline, focus, effort, and action. Many believe that their troubles will evaporate and their dreams will magically manifest in tangible reality if they will but visualize their dreams with enough intention.

When this fails to manifest dreams, which is categorical, the result is anguish, misery, sleepless nights and self-deprecating and destructive internal dialogue. It is no wonder that so many want to find an easy way, one that is less stressful. It is understandable that they want to believe there is a secret and if they could just discover it, they could instantly become wealthy.

As a result, many buy and apply, buy and apply, buy and apply varying but very similar versions of the millionaire magic doctrine unsuccessfully seeking happiness. Many go into debt trying to prematurely live their dreams in tangible reality. Debt and discouragement reign supreme. Each time they succumb to this beguiling doctrine, they become increasingly desperate, broke, broken, and angry. “Why not me?” “What is wrong with me?” “Why can’t I have it?” “Why am I not happy?”

This evidences a great deal of confusion about how we can use our minds constructively to help facilitate the tangible creation of our dreams. It also evidences confusion regarding how the power that governs abundance willingly and actively participates in both the mental and physical creation of a dream and why the manifestations of this power are very different in each of these very unique stages of creation.

If you long for financial freedom but have been trapped in a quagmire of debt, doubt, discouragement, confusion, and even lost faith, we are about to de-mystify the creation process. If you are experiencing success yet want more, we are about to fine-tune and speed up the creation process. Knowledge is power. Knowing how to apply it is even more empowering.

Creation is an intentional two-stage process that occurs in two equally important yet very different dimensions of reality. First, we “create” in our mind – the systemic dimension of reality. This dimension is a fertile and often undisciplined playground where in we can freely, instantly, and almost effortlessly create storms of vivid images and all without making tangible commitments. The same brain chemistry and brain circuitry often occurs during this mental creation process that would occur if we were experiencing these events in tangible reality. The mind thinks it is real and the body reacts as if it were real. This is also the dimension wherein the power that governs abundance literally manifests ideas, impressions and solutions to challenges. This process is very real and so are the manifestations that are received. That is why these experiences ignite the passion needed to sustain focus, discipline, effort and action.

Second, we “create” in the physical or tangible world – the extrinsic dimension of reality. Unlike the systemic dimension where in we can create a private jet, fly to France for lunch, spend two weeks in the Caribbean, and build our dream home all in the time it takes to shower, physical creation requires linear time – tick, tick, tick. If we have used the sacred space of our mind to create a vision that ignites

passion, we can work tirelessly creating the millimeters between where we are and our dreams and often without counting the cost. Absent a creator's vision we are relegated to a life filled with boring, mundane, repetitious work - wishing we were someone else, somewhere else, doing something different.

We can use the powerful tool of our mind to engage in eight very different creation processes. Three are destructive and foster fear. Five are constructive and create a vision that will ignite passion.

Destructive uses:

1. Fantasy: We can employ the systemic mind to transport us into the future, a time "when" we are finally above all the pain, frustration, debt and stress. In fantasy, we can spend endless and productive hours vividly living what it will be like "then."
2. Imagined catastrophe: When fantasies are threatened, we can waste endless hours obsessively worrying, creating worse-case scenarios and tormenting ourselves over events that may never come to pass.
3. Counterfeit pleasure: We can create vivid salacious and tantalizing images that are physically arousing and far too often antithetical to the creation of tender, trusting and committed relationships.

Constructive uses:

1. Mental Rehearsal: We can vividly experience or "play out" on the stage of our mind desired future events and difficult or

challenging assignments in an effort to seek guidance and clarity or to improve skills, prepare, or mitigate fear.

2. Inspiration: We can seek needed insight and direction regarding ways in which we can serve others.
3. Exploration: We can vividly “try on” possibilities, new ideas, or life scenarios to gain clarity and facilitate good decisions all without making tangible commitments.
4. Problem solving: We can review the elements of a problem in search of a creative and workable solution.
5. Planning and goal setting: We can look into the future and identify realistic targets and review in advance what is required and when, where, and how it can be created.

The three destructive mental creation processes are associated with left turns as previous discussed and are the result of the intention to escape and avoid the rigors of life. The five constructive creation processes are consistent and congruent with right turns and the power that governs abundance. When we employ these processes, there is more focus on doing the work of creation and contributing to the world.

The data from nearly three thousand Assessment Reports and supported by over fifteen thousand hours of one-on-one interviews and coaching sessions reveals that nearly 98% of those actively seeking financial abundance initially want to be rich so they have enough money to escape and avoid the rigors of life. They are so stressed out, and their desire to escape and avoid so consuming, that it provides the perfect

fertilizer to grow the elaborate, beguiling, and destructive weed of fantasy and the seeds of this weed, imagined catastrophe and counterfeit pleasure.

The growth and proliferation of this venomous weed is so pervasive and so pandemic and the plague so destructive that it was the primary motivation for writing this book. This deadly weed and its destructive seeds are the single biggest killers of hopes and dreams.

Dreams are a good thing. They are the foundation of our vision that ignites passion. Dreams are the “why” for the creation process. However, there is a stark contrast between the creation process in which we identify a dream, clearly determine how we will create it, and then take the passion-driven action needed to do so, versus escaping to a dream and spending productive time living in and beyond the dream in an attempt to avoid the frustrations present in the “now.” The first is constructive and the second destructive.